

# Welcome

## New to the Piano?

This book offers musical instruction that will guide you as a beginning adult learner. Over two hours of instructional video provide a professional perspective to accelerate your musical training. Supporting audio tracks convey a sonic world of rhythm, melody and harmony — essential for learning musical concepts.



Enhance your learning with instructional videos by world-renowned pianist and educator Randall Faber.

## Returning to the Piano?

If you had piano lessons previously, this is your refresher course. You may move quickly through Book 1, but take your time with the video content of each unit. You'll gain deeper understanding and find an expressive dimension in your playing.

## Energize your Brain!

New and familiar melodies, basic music theory, creative exploration, and expressive playing provide stimulation and enrichment!

# How This Book is Organized

You will study 16 units, each covering a new concept while providing review of previous topics and skills.

Concepts are displayed in a shaded file folder.

Practice suggestions guide your first steps.

Discovery questions invite deeper analysis and creative activities engage your brain in new ways.

Optional teacher duets provide a steady beat and a rich sound.

Online video and audio tracks are noted at the bottom of corresponding pages. When you see these icons, visit [pianoadventures.com/adult](http://pianoadventures.com/adult)

unit **3**
**Reading Reinforcement**

### Treble Clef Note - G

Find the first G above Middle C. This is called **Treble Clef G**.

The treble clef is also called the **G clef** because it circles around the **G line** on the staff. The treble clef came from the old letter G shown below.

**Hand Shape Warm-up**

- With R.H. fingers 1 and 5, play back and forth between Middle C and Treble Clef G. (This is the interval of a 5th.)

- A monk singing this piece would take a breath at the end of each slur.
- As you play this piece, let the music "breathe" by lifting your wrist at the end of each slur.

### Chant of the Monk

Rather slowly, floating

**DISCOVERY** This piece uses notes of the **C pentascale** moving by *2nds*. (See p. 22) Transpose to the **G pentascale**. (See pp. 25 or 176)

**Teacher Duet:** (Student plays as written for page 42; 1 octave higher for page 43)

42 Unit 3: Reading Reinforcement
[pianoadventures.com/adult](http://pianoadventures.com/adult)

**Octave Sign (8<sup>va</sup> - Ottava)**

When 8<sup>va</sup> is written *above* the staff, play one octave (8 notes) **higher** than written. When 8<sup>va</sup> is written *below* the staff, play one octave **lower** than written. 15<sup>ma</sup> means 2 octaves higher (or lower).

**Technique Hints**

- Tap the rhythm for each exercise with the correct hand. Count aloud, "1-2-3."
- Then play using a **rounded hand shape**. Balance on a **firm fingertip** as you play each key. Note: A circled finger number alerts you to a change of hand placement.

**R.H. Fingerwork**

Moderately fast

**L.H. Fingerwork**

Moderately fast

More Technique: Repeat this exercise starting on L.H. finger 2.

**Sightreading**

Sightreading means playing straight through a piece without stopping for corrections or adjustments.

- Determine the starting keys and fingers.
- Set a steady beat by counting one measure before you play. Ex. "1-2-3-4"
- Focus your eyes on the noteheads (the round part).
- Play rather slowly, always moving your eyes ahead.

1. Sightread this musical example in 3/4. Does it begin with a *blocked or broken* 3rd?

Rather slowly

2. Sightread this musical example in 3/4. Listen for an echo effect in the melody. Set a steady beat by counting one measure before you play. Ex. "1-2-3"

Rather slowly



Your teacher (or a friend) will play one of these short musical examples. Circle whether it is in 3/4 or 4/4 time. Hint: *Listen* for the accented notes. Do the accents occur every 3 or every 4 beats?

- a. 3/4 or 4/4    b. 3/4 or 4/4    c. 3/4 or 4/4    d. 3/4 or 4/4

For Teacher Use Only (The examples may be played in any order.)

*New musical terms are shown in double-lined boxes.*

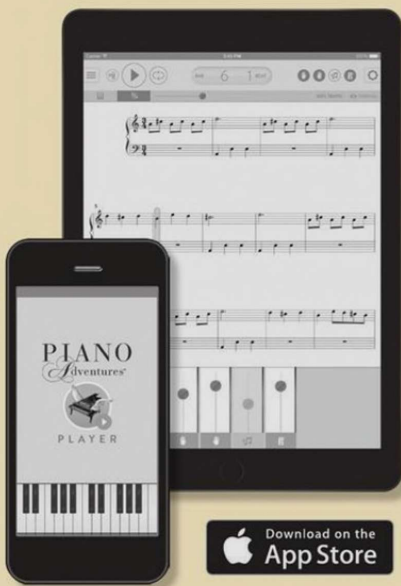
*Each Technique page has a video so you can "see it in action."*

*Ear-training quizzes provide additional listening and learning activities.*

At the end of each unit, you will find a 3-Minute Technique page and a Music Theory page. Technique pages develop an optimal physical approach to the piano, and build finger dexterity in just three minutes a day. Music theory activities help you learn chords and harmony while increasing your reading skills.

**Enhanced Audio Support**

Download the Piano Adventures Player™ app for interactive accompaniment tracks that adjust to any speed. Fun and easy to use!



**Expand your repertoire!**

Play dozens of familiar songs at just the right level in the Adult Piano Adventures supplementary books. Choose among your favorite genres, including Popular, Classics, and Christmas.

